

## IBERIKA TRAIL - LA CABRERA 2024

27 Octubre 2024

## Carrera LARGA - Clasificación Tramo Descenso

## ABSOLUTA FEMENINA (20)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	T inicio	T fin	TIEMPO
1	80	Fatima ESPINOSA HERNANZ	VAF	TODOVERTICAL V+	2:49:58	3:05:39	0:15:41
2	143	Raquel GARCIA IGLESIAS	VAF	TRONCHAJARAS TRAIL TEAM	3:46:25	4:02:25	0:16:00
3	17	Eva GARRIDO CASTRO	VAF	INDEPENDIENTE	2:48:19	3:04:23	0:16:04
4	202	Mariyana PETROVA DJAMBAZOVA	VBF	MT3 MADRID TRAIL	3:14:10	3:30:23	0:16:13
5	210	Conchi RODRIGUEZ	ABF	LAS CABRAS AZULES	2:50:34	3:07:20	0:16:46
6	119	Ana Delia CARDENAS SALAZAR	VBF	INDEPENDIENTE	3:25:25	3:42:50	0:17:25
7	156	Yolanda GONZALEZ VAZQUEZ	VAF	INDEPENDIENTE	3:30:04	3:49:26	0:19:22
8	154	Marianna ZANDERIGO	ABF	LAS CABRAS AZULES	3:23:03	3:45:05	0:22:02
9	181	Kathrin RATHSAM	VAF	MADRID RUNNERS' HIGH & GUESTS	3:33:48	3:56:26	0:22:38
10	104	Natalia SEGURA GARCIA	VAF	CLUB CORREDORES	3:25:42	3:48:22	0:22:40
11	138	Nerea DEL RIO GUADIX	ABF	INDEPENDIENTE	3:37:41	4:00:53	0:23:12
12	226	Valentina LOPEZ DE HARO	ABF	INDIVIDUAL	3:25:45	3:49:05	0:23:20
13	115	Irene RODRIGUEZ HERRERA	VAF	ALCARRIA TREKKING	3:46:42	4:10:47	0:24:05
14	211	Ana Carmen MARTIN ESPIN	ABF	TODOVERTICAL V+	3:36:53	4:01:04	0:24:11
15	103	Violeta ALONSO RAMIREZ	VAF	TODOVERTICAL V+	3:34:49	3:59:02	0:24:13
16	59	Sonia GARCIA HERNANDEZ	VAF	C.D. MAJADAHONDA	4:18:00	4:43:03	0:25:03
17	160	Elena GARCIA DE LEON CERRILLO	VAF	CDE KALAMOS	3:53:19	4:18:38	0:25:19
18	158	Laura ALHAMBRA GONZALEZ	ABF	LAS CABRAS AZULES	3:53:09	4:18:32	0:25:23
19	60	Barbara CASADO PADRO	VAF	CLUB DE ATLETISMO DE MAJADAHO	4:17:58	4:44:04	0:26:06
20	24	Rose MCAULIFFE	ABF	INDIVIDUAL	3:46:33	4:14:47	0:28:14

## ABSOLUTA MASCULINA (165)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	T inicio	T fin	TIEMPO
1	225	Javier HERNANDO DE LEMA	ABM	TODOVERTICAL V+	2:08:26	2:18:32	0:10:06
2	107	Javier MORENA MARTIN	ABM	CORREDORES CANAL	2:17:52	2:28:18	0:10:26
3	236	Javier PAJARES ROJO	VAM	LA BRAÑA-SOLORRUNERS	2:22:17	2:34:19	0:12:02
4	194	Daniel REDONDO ARROYO	ABM	TODOVERTICAL V+	2:21:24	2:33:27	0:12:03
5	139	Javier Manuel PEÑA GOMEZ	VAM	ALAMEDA TRAIL TEAM	2:12:59	2:25:05	0:12:06
6	220	Martin SANDOVAL	ABM	INDIVIDUAL	2:26:31	2:39:27	0:12:56
7	133	Asier LEJARRETA SANTOS	VAM	TIERRA TRAGAME	2:21:41	2:34:47	0:13:06
8	215	Ruben ALENDE ALBACETE	VAM	TRONCHAJARAS TRAIL TEAM	2:22:26	2:35:48	0:13:22
9	144	Carlos GARCIA SANTOS	ABM	INDIVIDUAL	2:26:01	2:39:25	0:13:24
10	102	Hector BENITO FERNANDEZ	VAM	TODOVERTICAL V+	2:26:06	2:39:37	0:13:31
11	122	David DOMINGUEZ MORALES	VAM	TODOVERTICAL V+	2:19:41	2:33:24	0:13:43
12	219	Kemen ITURRARAN ABASOLO	VAM	ZORNOTZA TRAIL	2:48:22	3:02:49	0:14:27
13	180	Kevin TEJERA GARCIA	ABM	INDEPENDIENTE	2:51:14	3:05:44	0:14:30
14	18	Juan Luis CONTRERAS CRUZ	ABM	INDEPENDIENTE	2:35:06	2:49:43	0:14:37
15	116	Jorge SAIZ TRIGUERO	VBM	C.D. GUADATRAIL	2:49:43	3:04:21	0:14:38
16	117	Fernando DUQUE DE ESTRADA DE LAS	VBM	ALCARRIA TREKKING	3:02:51	3:17:31	0:14:40
17	159	Jose YELAMOS PEREIRO	VAM	INDIVIDUAL	2:58:03	3:13:03	0:15:00
18	228	Yvan MATEO SAEZ	VBM	INDIVIDUAL	2:51:00	3:06:02	0:15:02
19	224	Erik PALLARES VILLARREAL	VAM	ALAMEDA TRAIL	2:55:29	3:10:33	0:15:04
20	81	Juan Pedro FEREZ TEJEDA	VAM	TODOVERTICAL V+	2:53:31	3:08:44	0:15:13
21	168	Martin FAUCHILLE	ABM	INDIVIDUAL	2:40:17	2:55:33	0:15:16
22	49	Edauro MOTA SEISDEDOS	ABM	MT3 MADRID TRAIL	2:45:21	3:00:38	0:15:17
23	66	Martin MUNILLA	ABM	ARXCDC	2:53:43	3:09:06	0:15:23
24	162	Eduardo CASTRO LAZARO	VBM	AERNNOVA	2:56:22	3:11:46	0:15:24
25	36	Gonzalo HERRAIZ QUINTANA	ABM	INDIVIDUAL	2:50:10	3:05:38	0:15:28
26	148	Jorge FRANCO BARBERO	VAM	CD, TRIATLON SAN SEBASTIAN DE L	2:38:28	2:54:04	0:15:36
27	241	Miguel Angel PORRAS MORENO	VAM	TRONCHAJARAS TRAIL TEAM	2:46:54	3:02:34	0:15:40
28	206	Omar MACHI	ABM	INDIVIDUAL	2:31:26	2:47:07	0:15:41
29	142	Jose Alberto GONZALEZ CARPINTERO	VBM	LEON TRAIL	2:41:53	2:57:36	0:15:43
30	179	Carlos PIRIS JIMENEZ	VAM	INDIVIDUAL	3:49:46	4:05:45	0:15:59
31	229	Ignacio GOMEZ CUESTA	VAM	INDEPENDIENTE	3:04:14	3:20:18	0:16:04
32	145	Daniel MURIEDAS BECERRA	VAM	TEAM GPLOIL	3:08:25	3:24:34	0:16:09
33	98	Javier PATIÑO ESTRADA	VAM	INDIVIDUAL	2:51:08	3:07:22	0:16:14
34	182	Gaston GIOIA	VAM	INDIVIDUAL	2:55:03	3:11:22	0:16:19
35	31	Alvaro ROBLES MATEOS	ABM	RSEA PEÑALARA	3:36:20	3:52:42	0:16:22
36	140	Juan MARTIN BERMEJO	VBM	INDEPENDIENTE	2:54:08	3:10:37	0:16:29

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## Carrera LARGA - Clasificación Tramo Descenso

## ABSOLUTA MASCULINA (165)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	T inicio	T fin	TIEMPO
37	99	Manuel LEON GARCIA	VBM	FMM CARPA	2:48:08	3:04:41	0:16:33
38	93	Alberto HARO GONZALEZ	VAM	TODOVERTICAL V+	2:44:06	3:00:40	0:16:34
39	61	Francisco Javier CEPEDA ORTIZ	ABM	INDIVIDUAL	3:05:18	3:21:56	0:16:38
40	27	Jose Maria DE SANTIAGO	ABM	INDIVIDUAL	3:03:13	3:19:57	0:16:44
41	75	Alberto PEREZ	VBM	INDIVIDUAL	2:55:07	3:11:56	0:16:49
42	114	Ruben VILLAVARDE PEÑA	VAM	A.D. VALLE INCLAN	2:36:39	2:53:38	0:16:59
43	11	Raul SESEÑA SANCHEZ	VBM	TRAILXTREM TEAM	2:52:08	3:09:18	0:17:10
44	82	Nicolas LABRADOR SAN MARTIN	ABM	CM LA CORDADA	2:49:52	3:07:17	0:17:25
45	91	Moises CASTILLEJOS MARTIN	VAM	POYALESRUNNING	2:44:51	3:02:22	0:17:31
46	164	Jose Maria ALVAREZ UREÑA	VAM	AERNNOVA	3:09:31	3:27:05	0:17:34
47	63	Diego BENITO SANCHIZ	JNM	INDIVIDUAL	3:05:01	3:22:39	0:17:38
48	123	Gregory HELMER	ABM	INDIVIDUAL	2:59:19	3:16:58	0:17:39
49	242	Francesc BASACOMA GUTIERREZ-LARRA	VBM	CLUB MUNTANYA VALL CAMPRODON	3:04:56	3:22:36	0:17:40
50	223	Jose Manuel MARTINEZ ACOSTA	VAM	CLUB CICLISTA MAJADAHONDA	3:24:48	3:42:33	0:17:45
51	238	Antonio FUENTES PINO	ABM	DLC TRAIL TEAM	2:54:06	3:11:54	0:17:48
52	199	Unai CALAHORRA ROMILLO	VAM	TRONCHAJARAS TRAIL TEAM	2:59:52	3:17:42	0:17:50
53	204	Ruben FERNANDEZ PASTOR	VAM	A.D. GRUPO MONTAÑA PEGASO	3:30:34	3:48:29	0:17:55
54	126	Carlos ABRIL NAVARRO	ABM	MAS TRAINER	3:12:39	3:31:01	0:18:22
55	14	Jose David RODRIGUEZ BECERRA	ABM	INDIVIDUAL	3:29:59	3:48:23	0:18:24
56	15	Nacho CONDE ESTEBAN	ABM	INDIVIDUAL	3:29:55	3:48:25	0:18:30
57	113	Ignacio SERRANO	ABM	INDIVIDUAL	3:15:52	3:34:23	0:18:31
58	208	Alberto ROMERO LUQUE	ABM	INDIVIDUAL	3:15:47	3:34:23	0:18:36
59	30	Alberto FRANCO SALAS	VAM	INDIVIDUAL	3:12:06	3:30:45	0:18:39
60	32	Jordi BOLUFER TORNERO	ABM	NTH TRAIL	3:30:02	3:48:49	0:18:47
61	177	Juan Jose FEITO MARTIN	VBM	VALDERUNNERS	3:15:45	3:34:37	0:18:52
62	43	Guillaume LANCESTRE	VBM	LAS CABRAS AZULES	3:20:32	3:39:29	0:18:57
63	56	Jose PEREZ MARTINEZ	VBM	A.D. GRUPO MONTAÑA PEGASO	2:54:01	3:13:03	0:19:02
64	120	Miquel Angel ANDREU FEBRER	ABM	RSEA PEÑALARA	3:15:34	3:34:37	0:19:03
65	87	Juan Francisco PEREZ LOPEZ	ABM	CLUB ATLETISMO SIGÜENZA	2:50:48	3:09:52	0:19:04
66	197	Carlos ALVAREZ-CHAS	ABM	INDEPENDIENTE	3:21:37	3:40:51	0:19:14
67	38	Jacobo NIETO CAMPUZANO	VAM	INDEPENDIENTE	3:15:33	3:34:56	0:19:23
68	72	Marco Antonio CANO FUENTES	VAM	TRITORREJON	3:20:05	3:39:32	0:19:27
69	214	Raul SANCHEZ MENA	VAM	CD CALAMOCHOS CASAVIEJA	3:29:47	3:49:18	0:19:31
70	216	Jose Antonio SANTANA GARCIA	VAM	CLUB DE MONTAÑA MOYACTIVA	3:29:51	3:49:30	0:19:39
71	95	Adolfo GALLEGO NUÑEZ	ABM	RUNNING UAH	3:04:50	3:24:37	0:19:47
72	108	Angel MARTIN CASERO	VAM	ALAMEDA TEAM	3:04:47	3:24:36	0:19:49
73	50	Benjamin CRANE	VBM	C.C. IRONSPORT 3C	3:10:58	3:30:50	0:19:52
74	155	Pablo CANOVAS RUIZ	ABM	INDIVIDUAL	3:33:20	3:53:18	0:19:58
75	171	Rodrigo ANDRES INIGUEZ	ABM	TRAIL RUNNERS NUEVA MALAGA	3:04:09	3:24:09	0:20:00
76	94	Eduardo Jose MESA SANCHEZ	ABM	INDIVIDUAL	3:15:01	3:35:04	0:20:03
77	22	Alberto PASCUAL MENDEZ	VAM	INDIVIDUAL	3:12:01	3:32:07	0:20:06
78	151	Fabian GONZALEZ GONZALEZ	VAM	TODOTORREZNO TEAM	3:07:39	3:27:49	0:20:10
79	7	Ruben GONZALEZ COBO	ABM	INDIVIDUAL	3:22:57	3:43:08	0:20:11
80	237	Daniel MUÑOZ GOMEZ	ABM	DLC TRAIL TEAM	3:03:49	3:24:00	0:20:11
81	20	Daniel GARCIA FERNANDEZ	ABM	C.D. ASTURIAS HIMALAYA	3:09:52	3:30:19	0:20:27
82	40	Carlos BLASCO MARHUENDA	VBM	INDIVIDUAL	3:08:16	3:28:46	0:20:30
83	234	Pelayo GUTIERREZ TEIRA	VBM	INDEPENDIENTE	3:34:37	3:55:10	0:20:33
84	217	Daniel DELSO	VAM	TODOVERTICAL V+	3:21:26	3:42:09	0:20:43
85	5	Enrique LAMEIRAS GARCIA	VAM	INDIVIDUAL	3:40:30	4:01:19	0:20:49
86	52	Carlos GARAU SOBRON	VAM	INDIVIDUAL	2:49:35	3:10:32	0:20:57
87	127	Raul SILVERO ALAMA	VAM	INDIVIDUAL	3:23:40	3:44:43	0:21:03
88	118	Francisco AREVALO CALVO	VBM	INDEPENDIENTE	3:19:09	3:40:26	0:21:17
89	131	Roberto RODRIGUEZ MURILLO	VAM	INDIVIDUAL	3:11:34	3:33:06	0:21:32
90	174	Gabriel COBO GUTIERREZ	VAM	3T TRIATLON	3:13:19	3:34:55	0:21:36
91	200	Javier FORNT SIMANCAS	ABM	INDIVIDUAL	3:30:28	3:52:15	0:21:47
92	203	Alberto RODRIGUEZ GARCIA	VBM	PURAVIDA DEPORTIVA	3:23:43	3:45:38	0:21:55
93	106	Jesus SANZ ARRIAZU	VAM	CORREDORES CANAL	3:14:57	3:36:55	0:21:58
94	150	Aser CALLEJA ESTEBAN	VAM	TODOTORREZNO TEAM	3:12:37	3:34:45	0:22:08
95	35	Damian CHAPARRO PUENTE	VAM	NTH TRAIL	3:25:18	3:47:27	0:22:09

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27 Octubre 2024

## Carrera LARGA - Clasificación Tramo Descenso

## ABSOLUTA MASCULINA (165)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	T inicio	T fin	TIEMPO
96	183	Luis TERRON FERNANDEZ	VAM	INDIVIDUAL	3:17:12	3:39:34	0:22:22
97	243	Ruben CABEZA BLANCO	VAM	DESNIVAL	3:30:16	3:52:38	0:22:22
98	129	Nestor GOMEZ ORTEGA	VAM	A.D. GRUPO MONTAÑA PEGASO	3:37:25	3:59:48	0:22:23
99	57	Jose Luis LUMBRERAS	VBM	MT3 MADRID TRAIL	3:17:20	3:39:56	0:22:36
100	121	Guillermo BUDI HYCKA	ABM	INDIVIDUAL	3:21:55	3:44:35	0:22:40
101	45	Carlos BLASCO BERNALDEZ	VAM	INDIVIDUAL	3:43:31	4:06:13	0:22:42
102	149	Andres CARRIL MARTINEZ	VAM	TIERRA TRAGAME	3:33:23	3:56:30	0:23:07
103	213	Eduardo PEÑA ALMODOVAR	VAM	INDIVIDUAL	3:38:00	4:01:07	0:23:07
104	71	David AZCARATE AMOR	VAM	AIXEMENDI KIROLAK	3:00:17	3:23:28	0:23:11
105	157	Samael CASTELLO ROSA	ABM	INDIVIDUAL	3:21:57	3:45:11	0:23:14
106	165	Manuel GONZALEZ GONZALEZ	VAM	INDIVIDUAL	3:18:12	3:41:26	0:23:14
107	8	Miguel CALVO SANZ	ABM	INDIVIDUAL	3:23:24	3:46:39	0:23:15
108	137	Alejandro ROMERO MARRINEZ	ABM	INDEPENDIENTE	3:37:38	4:00:53	0:23:15
109	218	David LOPEZ RUIZ	ABM	INDEPENDIENTE	3:36:05	3:59:20	0:23:15
110	25	Alberto PASTOR MORENO	ABM	INDIVIDUAL	3:37:12	4:00:35	0:23:23
111	190	Xavier RIUS SALES	VAM	INDIVIDUAL	3:21:47	3:45:30	0:23:43
112	16	Alvaro CAÑADILLA ANDALUZ	ABM	INDIVIDUAL	3:37:10	4:00:55	0:23:45
113	73	Darius Madalin VERDES	ABM	INDIVIDUAL	3:38:42	4:02:28	0:23:46
114	230	Carlos Alberto MIGUELEZ MONROY	VAM	MT3 MADRID TRAIL	2:51:12	3:14:58	0:23:46
115	46	Jose Maria NEILA ALEGRE	VAM	LAS CABRAS AZULES	3:25:29	3:49:26	0:23:57
116	86	Pedro LOZANO BRANGER	VBM	32 Y A CORRER	3:40:03	4:04:02	0:23:59
117	65	Gustavo ROMERO PALACIO	VAM	INDIVIDUAL	3:34:26	3:58:32	0:24:06
118	207	David SEVILLANO GARCIA	ABM	TODOVERTICAL V+	3:36:59	4:01:05	0:24:06
119	78	Heron GIL RODRIGUEZ	ABM	INDIVIDUAL	3:45:29	4:09:36	0:24:07
120	198	Miguel Angel SERRANO PEREZ	VBM	QUE DEMONIOS HAGO YO AGUI...	3:29:53	3:54:18	0:24:25
121	90	Florient GAUTHIER	ABM	ALAMEDA TEAM	3:52:25	4:16:55	0:24:30
122	74	Modesto RODENAS PEREZ	ABM	ALAMEDA TRAIL	3:44:37	4:09:16	0:24:39
123	169	Joshua DICKINSON	ABM	INDIVIDUAL	3:13:54	3:38:44	0:24:50
124	205	Jose Ignacio AGULLEIRO BALDO	VAM	INDIVIDUAL	3:17:41	3:42:35	0:24:54
125	184	Agustin NAVARRO GARRIDO	VBM	INDEPENDIENTE	4:06:24	4:31:29	0:25:05
126	195	John LE BONNIEC	ABM	INDIVIDUAL	3:50:55	4:16:05	0:25:10
127	111	Angel SAN GREGORIO	VAM	RUNNING RIVAS	3:42:52	4:08:03	0:25:11
128	134	Miguel ENCABO AYLLON	ABM	INDIVIDUAL	3:21:29	3:46:42	0:25:13
129	191	Javier MILIAN MATEOS	VAM	CLUB TRIATLON LAS ROZAS	3:15:38	3:41:08	0:25:30
130	239	Jose Manuel TEJERA	VBM	INDIVIDUAL	3:35:20	4:01:02	0:25:42
131	212	Salvador HENARES VILLAR	ABM	INDIVIDUAL	3:37:08	4:02:55	0:25:47
132	26	Sebastian GUIADO GUIADO	VBM	INDIVIDUAL	4:06:30	4:32:19	0:25:49
133	47	Juan Carlos MARTOS GARCIA	VAM	MT3 MADRID TRAIL	3:34:32	4:00:30	0:25:58
134	172	Daniel TEJERA ECENARRO	ABM	INDIVIDUAL	3:10:50	3:36:52	0:26:02
135	48	Juan Bautista GARCIA ALCALA GARCIA DE	VAM	INDIVIDUAL	3:40:32	4:06:40	0:26:08
136	166	Alejandro SANCHEZ RAMOS	ABM	INDIVIDUAL	3:13:57	3:40:27	0:26:30
137	152	Carlos CRISTOBAL NORIEGA	VBM	ENPHORMA TRIATLON SAN AGUSTIN	3:57:29	4:24:06	0:26:37
138	167	Francisco VERA SANCHEZ	VBM	RSEA PEÑALARA	3:39:39	4:06:21	0:26:42
139	96	Rafael COBO GUTIERREZ	VAM	INDIVIDUAL	3:20:51	3:47:34	0:26:43
140	201	Fernando SARNAGO CEBADA	VAM	INDIVIDUAL	3:11:50	3:38:33	0:26:43
141	21	David GONZALEZ RODRIGUEZ	ABM	INDIVIDUAL	3:46:53	4:13:37	0:26:44
142	84	Felix MOYA	VAM	20 LAPS	3:42:33	4:09:29	0:26:56
143	19	Ramses ZAZO MORON	VAM	INDIVIDUAL	3:42:44	4:10:07	0:27:23
144	53	Francisco Javier CALVO SANCHEZ	VBM	LAS CABRAS AZULES	4:06:12	4:33:49	0:27:37
145	170	Antonio CABRERA	VBM	INDEPENDIENTE	3:51:53	4:19:37	0:27:44
146	186	Jose Ignacio DIAZ DE ARGOTE CERVERA	VAM	INDIVIDUAL	3:30:47	3:58:32	0:27:45
147	240	Daniel FERNANDEZ	VAM	INDIVIDUAL	3:30:36	3:58:28	0:27:52
148	41	Javier BLASCO	VAM	INDIVIDUAL	3:38:10	4:06:12	0:28:02
149	85	Alejandro ROMERA GUERRERO	VAM	INDIVIDUAL	4:06:08	4:34:20	0:28:12
150	187	Jose Manuel MOLLA	ABM	INDIVIDUAL	3:50:50	4:19:04	0:28:14
151	23	Daniel MORENO SANCHEZ	VAM	INDIVIDUAL	3:55:32	4:24:01	0:28:29
152	163	Juan GALLARDO SANCHEZ	VAM	AERNNNOVA	3:55:13	4:23:48	0:28:35
153	153	Pedro ARELLANO GUERRERO	ABM	UNION DEPORTIVA VEGANA	3:51:57	4:20:33	0:28:36
154	39	Juan Francisco CRUZ NUÑEZ	VAM	INDIVIDUAL	3:52:46	4:21:27	0:28:41

**IBERIKA TRAIL - LA CABRERA 2024****27 Octubre 2024****Carrera LARGA - Clasificación Tramo Descenso****ABSOLUTA MASCULINA (165)**

<b>Pto</b>	<b>Dor</b>	<b>NOMBRE APELLIDOS</b>	<b>CAT</b>	<b>CLUB</b>	<b>T inicio</b>	<b>T fin</b>	<b>TIEMPO</b>
155	<b>189</b>	Edu ESPEJO PEREZ	VBM	MT3 MADRID TRAIL	3:51:23	4:20:05	<b>0:28:42</b>
156	<b>1</b>	Marcos CABEZON DEL PRADO	VAM	INDIVIDUAL	3:30:19	3:59:42	<b>0:29:23</b>
157	<b>147</b>	Jesus FERNANDEZ OLLEROS	VAM	INDEPENDIENTE	3:32:29	4:02:10	<b>0:29:41</b>
158	<b>68</b>	Arturo ALMENDRO MUÑOZ	VBM	INDIVIDUAL	3:57:24	4:27:57	<b>0:30:33</b>
159	<b>196</b>	Oscar BAZ REDONDO	VBM	INDIVIDUAL	3:46:37	4:17:30	<b>0:30:53</b>
160	<b>192</b>	Alvaro RUBIO BLAZQUEZ	ABM	INDIVIDUAL	3:21:52	3:52:46	<b>0:30:54</b>
161	<b>136</b>	Alberto SANZ	ABM	INDIVIDUAL	3:55:47	4:27:32	<b>0:31:45</b>
162	<b>185</b>	Rafael BUENO GARCIA	VBM	RUNNING RIVAS	3:57:54	4:30:54	<b>0:33:00</b>
163	<b>110</b>	Miguel Angel RUIZ RUIZ	VAM	INDIVIDUAL	3:58:12	4:36:49	<b>0:38:37</b>
164	<b>9</b>	Tito ESTEBAN LOPEZ	VAM	INDIVIDUAL	3:30:58	4:19:08	<b>0:48:10</b>
	<b>235</b>	Eduardo HEBRERO GOMEZ	VBM	INDIVIDUAL			<b>n.p</b>